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The article should be delivered to the Editorial Board in electronic form (i.materialowa@sigma-not.pl) as an attachment to the e-mail. You should expect confirmation of its receipt by the Editorial Board (with the registration number of the registered article). If the Author doesn't receive such confirmation, please contact the Editorial Office after 2 weeks regarding the submitted article. The A4 printout should have a normalized number of lines and characters per line (32 lines with approx. 80 characters per line). One line spacing should be kept between lines, Times New Roman font size 13 points. The volume of scientific articles should not exceed 4-5 pages of such standardized typescript, including tables, drawings, formulas and list of references. In the case of review articles exceeding this volume, printing will be possible after agreeing with the Editorial Board. In the text, you can mark those elements or fragments that need to be particularly highlighted (in italics, bold or in color). Footnotes supplementing and explaining the basic text should be written at the bottom of the page on which they appear. Moderation in the use of footnotes is recommended.

The summary should be clear and concise. Three or four sentences expression of the most important thoughts of the article should be written in an impersonal form.

Formulae and equations should be written very legibly. Greek letters should be described in the margins (e.g. β - beta). The number '0' and the capital letter 'O' should be clearly differentiated. The notation of powers and indices should be particularly legible. Formulas and equations (chemical, mathematical, physical) should be prepared with special editors (e.g. ChemWin, ISIS Draw 2.2) and saved in a commonly used graphic format (e.g. tiff, gif, jpg). Units of the International System of Units of the SI should be used in the formulas and in the text. Units in tables and drawings should be given after the decimal point, not in parentheses.

The title and headings should be as short as possible, concisely capturing the content of the article or chapter. The headings should be numbered and their type may also be marked in the margins (e.g. 1st order, 2nd order, 3rd order).

Tables, captions under drawings and drawings, illustrations (in the order listed) should be outside the text, and the proposed burglary places should be marked on the margin of the text

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[1] Luximon A. : Handbook of footwear design and manufacture. Woodhead Publishing, Cambridge (2013).

[2] Aizenshtein E.M. : Polyester fibers continue to dominate on the world textile raw materials balance sheet. Fiber Chemistry 41 (1) (2009) 1-8.

[3] Sajek A.K., Sajek A. : A title of an article published in conference proceedings.

A Title of the Conference, locality, June 20th-24th (2004) 101-105.

[4] Brzozowski R. : Study of shape selectivity in the synthesis of diisopropylnaphthalenes conducted in the presence of aluminosilicate catalysts.

PhD thesis. Institute of Industrial Chemistry, Warsaw (2001).

- [5] GRYFSKAN Sp. z o.o., Hajnówka, company prospectus.
- [6] Report stalemate. half. P-344 539 (2000).
- [7] PN-EN ISO 20344: 2012. Personal protective equipment. Test methods for footwear.
- [8] OJ 2004, No. 19, item 177.
- [9] Regulation of the Minister of Agriculture and Rural Development of June 18, 2008 in on the implementation of certain provisions of the Act on fertilizers and fertilization. OJ 2008, No. 119, item 765.
- [10] Directive 2004/18 / EC of the European Parliament and of the Council of 31 March 2004 on the coordination of procedures for the award of public contracts for works, supplies and services. OJ. EU L 134, 114.
- [11] <http://www.spirulina.pl>, accessed March 15, 2013.
- DOI: 10.14314 / polymers. 2016.031.

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